



SEMESTER 4 - WEEK 2

DISCIPLINE 1 - Humility and Trembling Before God's Word: Treasuring Time with the Lord

Introduction:

Set biblical expectations

- **Understand your mixed condition**
 - **The heart is deceitful**
 - **The flesh sets itself against the spirit**
 - **This is a fight that starts in the mind**
 - **Practical sanctification is a process**

- **God will produce growth in the believer**
 - **This is a fight you can win**
 - **You have to be willing to fight**

Cultivate a right/big view of God

Cultivate a right/small view of self

Fix your eyes on Jesus

Embrace biblical practices

- **Repent/confess sin**
- **Reject self-dependence**
- **Pray**
- **Read your Bible**
- **Meditate on Scripture**



MINISTRY PASSAGES

DISCIPLINE 1 [THE Heart]

Isaiah 66:1-2— GOD’S GREATNESS AND GOD’S GAZE

- 1 *Thus says the Lord,
“Heaven is My throne and the earth is My footstool.
Where then is a house you could build for Me?
And where is a place that I may rest?*
- 2 *“For My hand made all these things,
Thus all these things came into being,” declares the Lord.
“But to this one I will look,
To him who is humble and contrite of spirit, and who trembles at My word.*

Philippians 2:5— IMITATE CHRIST’S HUMILITY

- 5 *Have this attitude in yourselves which was also in Christ Jesus,*



DISCIPLINE 1 [Heart]

QUESTIONS FOR CONSIDERATION

1. What lies are you most tempted by that keep you from intentional devotional time with the Lord? How can/do you fight against those lies?

2. How would you counsel someone who is struggling towards faithfulness in their quiet times as they use the following explanations?

- a. I don't really get anything out of it.
- b. I'm not a reader.
- c. I'm too busy.
- d. I know I should, I just don't for some reason.
- e. I don't want my relationship with God to be legalistic.

