



**SEMESTER 3 - WEEK 6**

## **DISCIPLINE 1 - Humility and Trembling Before God's Word: Treasuring Time with the Lord**

***Introduction:***

**Set biblical expectations**

- **Understand your mixed condition**
  - **The heart is deceitful**
  - **The flesh sets itself against the spirit**
  - **This is a fight that starts in the mind**
  - **Practical sanctification is a process**
  
- **God will produce growth in the believer**
  - **This is a fight you can win**
  - **You have to be willing to fight**

**Cultivate a right/big view of God**

**Cultivate a right/small view of self**

**Fix your eyes on Jesus**

**Embrace biblical practices**

- **Repent/confess sin**
- **Reflect self-dependence**
- **Pray**
- **Read your Bible**
- **Meditate on Scripture**



## MINISTRY PASSAGES

### DISCIPLINE 1 [THE Heart]

#### Isaiah 66:1-2— GOD’S GREATNESS AND GOD’S GAZE

- 1 *Thus says the Lord,  
“Heaven is My throne and the earth is My footstool.  
Where then is a house you could build for Me?  
And where is a place that I may rest?*
- 2 *“For My hand made all these things,  
Thus all these things came into being,” declares the Lord.  
“But to this one I will look,  
To him who is humble and contrite of spirit, and who trembles at My word.*

#### Philippians 2:5— IMITATE CHRIST’S HUMILITY

- 5 *Have this attitude in yourselves which was also in Christ Jesus,*



## **DISCIPLINE 1 [Heart]**

### **QUESTIONS FOR CONSIDERATION**

1. What lies are you most tempted by that keep you from intentional devotional time with the Lord? How can/do you fight against those lies?

2. How would you counsel someone who is struggling towards faithfulness in their quiet times as they use the following explanations?

- a. I don't really get anything out of it.
- b. I'm not a reader.
- c. I'm too busy.
- d. I know I should I just don't for some reason.
- e. I don't want my relationship with God to be legalistic.

