



## SEMESTER 2 - WEEK 1

# FIGHTING SIN & REPENTANCE

### DEFINITION OF SIN

Sin is that vast moral disease which affects the whole human race...“a sin” consists in doing, saying, thinking, or imagining anything that is not in perfect conformity with the mind and law of God.

“Sin,” in short, as the Scripture saith, is “the transgression of the law” [**1 John 3:4**].

*Holiness - J.C. Ryle*

All sin, even sin that seems so minor in our eyes, is lawlessness. It is not just the breaking of a single command; it is a complete disregard for the law of God, a deliberate rejection of His moral will in favor of fulfilling one’s own desires.

*Respectable Sins - Jerry Bridges*

### RECOGNIZING SIN

#### **Galatians 5:19-21**

19 Now the deeds of the flesh are evident, which are: immorality, impurity, sensuality, 20 idolatry, sorcery, enmities, strife, jealousy, outbursts of anger, disputes, dissensions, factions, 21 envying, drunkenness, carousing, and things like these, of which I forewarn you, just as I have forewarned you, that those who practice such things will not inherit the kingdom of God.

#### **Proverbs 6:16-19; I Corinthians 6:9-11; II Timothy 3:1-7**

#### **1 John 2:15-17**

15 Do not love the world nor the things in the world. If anyone loves the world, the love of the Father is not in him. 16 For all that is in the world, the lust of the flesh and the lust of the eyes and the boastful pride of life, is not from the Father, but is from the world. 17 The world is passing away, and also its lusts; but the one who does the will of God lives forever.

We can do what we want (lust of the flesh)

We can have what we want (lust of the eyes)

We can be what we want (pride of life)

#### **James 4:17**

17 Therefore, to one who knows the right thing to do and does not do it, to him it is sin.

## REPENTANCE

### Confessing Sin - I John 1:9

9 If we confess our sins, He is faithful and righteous to forgive us our sins and to cleanse us from all unrighteousness.

### Repentance - II Corinthians 7:8-11

- God-focused, not self-focused. **Psalm 51:4a; II Samuel 12:13**
- Hates the sin, not merely the consequences. **Psalm 32:5; Psalm 51:1-3**
- Fully accepts responsibility, not self-protective. **Psalm 51:3; II Samuel 24:10**
- Concerned for others rather than blaming them. **II Samuel 24:17; Philippians 2:3-4; Genesis 3:12; I Samuel 15:19-24**
- Patiently accepts consequences rather than impatiently demanding trust and restoration. **Psalm 51:4; II Samuel 24:13-14; I Samuel 15:30**
- Submits to discipline and accountability rather than criticizing the disciplinary process. **I Corinthians 10:12; II Corinthians 7:8; Genesis 4:13**
- Changed heart that produces fruit. **Psalm 51:6-12; Luke 19:1-10, 3:7-9**

*How Can You Know His Repentance Is Genuine - Jim Newheiser*

Genuine repentance sees the greatness and beauty and worth of Jesus. The punishment that is due to the repentant sinner has fallen on Jesus instead. God's wrath toward the repentant sinner has been removed in Jesus' death. Repentance means you will separate yourself from sin – but not without simultaneously entrusting your life further to Jesus. It is not enough to only focus on putting off the sin, destroying the sin. Greater pursuit of Jesus in God's word, deeper love for Him, stronger entrustment of self to Him must also simultaneously occur.

*What is Repentance - J.C. Ryle*



## **FIGHTING SIN**

**The Gospel - Romans 6:23, 8:1, 32; II Timothy 2:8-13; I John 4:10**

### **The Means of Grace -**

- Prayer - **Psalm 34; Proverbs 30:7-9; Matthew 6:9-13; Philippians 4:6-7; I Thessalonians 5:17; I Peter 5:6-7**
- The Word of God - **Psalm 19; 119; John 17:17; II Timothy 3:16-17; Hebrews 4:12-13**
- The Church - **I Corinthians 11:23-26; Colossians 3:16, II Timothy 4:2; Hebrews 10:24-25**
- Trials - **Romans 8:28-29; Hebrews 12:10; James 1:2-4; I Peter 4:12-13**
- Serving Others - **Romans 12:1; Galatians 5:13; Ephesians 4:12-16**

**Research the Sin - Psalm 42:5; Lamentations 3:19-20; Galatians 5:17; II Timothy 3:1-7; I Peter 2:11**

- *In what ways are you choosing not to believe God when pursuing this sin?*
- *What are the promises in God's word you're choosing not to believe?*
- *What are the principles in God's word you're choosing to ignore?*
- *What are the commands in God's word you're choosing to disobey?*

**Be Alert - Genesis 4:6-7; Proverbs 13:15, 16:17, 22:5, 28:26; Jeremiah 17:9; Luke 6:45; Galatians 5:17; Ephesians 5:15-16; Hebrews 12:1; James 4:1-4, 17; I Peter 5:8**

**Flee Temptation- Proverbs 1:10, 15, 4:27; Matthew 5:27-30; Romans 6:19; I Corinthians 6:18; Ephesians 5:3; I Thessalonians 5:21-22**

**Fix your Gaze - Proverbs 4:25; Matthew 6:33; Colossians 3:2; Hebrews 12:2**

**Fleeing Sin is not Complicated - I Corinthians 10:12-14; II Timothy 2:22**

**Replace Old Habits - Ephesians 4:25-32; Colossians 3:12-17**

**GLORIFY GOD! John 15:8; I Corinthians 6:20, 10:31; II Corinthians 5:9**



**When faced with a so-called “gray area” what questions can I ask myself to help determine what will most honor God through personal holiness?**

<b><u>Reference</u></b>	<b><u>Questions:</u></b>
<b>Heb 12:1</b>	<i>Does this promote, hinder, or weigh-down my spiritual life?</i>
<b>I Cor 6:12</b>	<i>In what ways is this profitable?</i>
<b>I Cor 6:12</b>	<i>Can I be Spirit-controlled in this or might I be enslaved to it?</i>
<b>Rom 14:13</b>	<i>Might I cause a brother to stumble?</i>
<b>Col 4:5</b>	<i>Does it help spread the Gospel?</i>
<b>I Cor 10:23-24</b>	<i>Does it help other Christians?</i>
<b>I Cor 10:31</b>	<i>Does it glorify God?</i>
<b>I John 2:6</b>	<i>Can I imitate Christ in this?</i>
<b>Matt 18:21-22</b>	<i>Can I demonstrate forgiveness in this?</i>
<b>Luke 12:37-48</b>	<i>Would I be an unashamed steward if Christ returned while I am doing this?</i>
<b>Rom 12:2</b>	<i>Am I being conformed to the world in this?</i>
<b>Rom 12:10</b>	<i>Am I putting others before me in this?</i>
<b>Rom 12:18</b>	<i>Does this promote peace with others?</i>
<b>Rom 13:1</b>	<i>Am I demonstrating subjection to my authority in this?</i>
<b>Gal 6:10</b>	<i>Am I doing good to others in this?</i>
<b>I Cor 6:19</b>	<i>Does this harm God's temple in any way?</i>
<b>II Cor 6:14</b>	<i>Will this bind me to unbelievers?</i>
<b>I Thess 5:22</b>	<i>Am I free from evil appearance in this?</i>
<b>II Tim 2:22</b>	<i>Am I fleeing youthful lusts and pursuing righteousness in this?</i>



## MINISTRY PASSAGES

### DISCIPLINE 1 [THE HEART]

#### 1 John 3:4 — Definition of Sin

4 *Everyone who practices sin also practices lawlessness; and sin is lawlessness.*

#### Galatians 5:19-21 — Deeds of the Flesh

19 *Now the deeds of the flesh are evident, which are: immorality, impurity, sensuality,*  
20 *idolatry, sorcery, enmities, strife, jealousy, outburst of anger, disputes, dissensions, factions,*  
21 *envying, drunkenness, carousing, and things like these, of which I forewarn you, just as I have forewarned you, that those who practice such things will not inherit the kingdom of God.*

#### 1 John 2:15-17 — Do Not Love the World

15 *Do not love the world nor the things in the world. If anyone loves the world, the love of the Father is not in him.*  
16 *For all that is in the world, the lust of the flesh and the lust of the eyes and the boastful pride of life, is not from the Father, but is from the world.*  
17 *The world is passing away, and also its lusts; but the one who does the will of God lives forever.*

#### 1 John 1:9 — Confessing Sin

9 *If we confess our sins, He is faithful and righteous to forgive us our sins and to cleanse us from all unrighteousness.*

#### Matthew 5:27-30 — Radical Amputation

27 *"You have heard that it was said, 'YOU SHALL NOT COMMIT ADULTERY';*  
28 *but I say to you that everyone who looks at a woman with lust for her has already committed adultery with her in his heart.*  
29 *"If your right eye makes you stumble, tear it out and throw it from you; for it is better for you to lose one of the parts of your body, than for your whole body to be thrown into hell.*  
30 *"If your right hand makes you stumble, cut it off and throw it from you; for it is better for you to lose one of the parts of your body, than for your whole body to go into hell.*



## **II Corinthians 7:8-11 — Repentance without Regret**

- 8 *For though I caused you sorrow by my letter, I do not regret it; though I did regret it [for] I see that that letter caused you sorrow, though only for a while*
- 9 *I now rejoice, not that you were made sorrowful, but that you were made sorrowful to [the point of] repentance; for you were made sorrowful according to the will of God, so that you might not suffer loss in anything through us.*
- 10 *For the sorrow that is according to the will of God produces a repentance without regret, leading to salvation, but the sorrow of the world produces death.*
- 11 *For behold what earnestness this very thing, this godly sorrow, has produced in you: what vindication of yourselves, what indignation, what fear, what longing, what zeal, what avenging of wrong! In everything you demonstrated yourselves to be innocent in the matter.*

## **Ephesians 5:15-16 — Be Careful How You Walk**

- 15 *Therefore be careful how you walk, not as unwise men but as wise,*
- 16 *Therefore be careful how you walk, not as unwise men but as wise, 16 making the most of your time, because the days are evil.*





## ADDITIONAL RESOURCES:

### Books

*Respectable Sins* Jerry Bridges

*Holiness* J.C. Ryle

*Understanding Temptation* Mark Shaw

*Free To Be Holy* Jerry Wragg & Paul Shirley

### Links

*A Biblical Guide For Fighting Sin* Brian Arnold

<http://www.gibcijupiter.org/pages/sermons/detail/sermon/3771>

*Assessing Genuine Repentance* Brian Arnold

<http://www.gibcijupiter.org/pages/sermons/detail/sermon/3782>

*Battle Plan* Tim Challies

<https://www.challies.com/resources/battle-plan/>

*The Unrepenting Repenter* Jim Eliff

<https://www.ccwtoday.org/2022/11/the-unrepenting-repenter/>

*Three Essentials for Fleeing Sin* Scott Maxwell

<https://www.gbcaz.org/?s=three+essentials+for+fleeing+sin>

*5 Marks of Repentance* J.C. Ryle

<https://www.monergism.com/5-marks-repentance-j-c-ryle>

